Pre-Health Professions at

Truman State University

March 28, 2018

2017-2018

Pre-Health Advisor Directory

Health & Exercise Science Dr. Roberta Donahue, Department Chair & Professor, rdonahue@truman.edu

Dr. Michael Bird, Professor mbird@truman.edu

Biology Dr. Carolina Sempertegui-Sosa, Assistant Professor Pre-Medical Advisor csemper@truman.edu

Jeanne Mitchell, Instructor Pre-Dental Advisor jmitchel@truman.edu

Dr. Stephanie Fore, Professor Pre-Veterinary Advisor <u>sfore@truman.edu</u>

Chemistry Dr. John O'Brien, Professor jobrien@truman.edu

Other Majors Brittany Harden, Pre-Health Coordinator & Advisor bharden@truman.edu Click <u>here</u> to make an appointment.



* Pre-Athletic Training

* Pre-Chiropractic

* Pre-Dental

* Pre-Medical

* Pre-

Occupational

Therapy

* Pre-Optometry

* Pre-Pharmacy

* Pre-Physical Therapy

* Pre-Physician

Assistant

* Pre-Veterinary

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Dental

Pre-Dental Workshop at ATSU-MOSDOH on Friday, April 6th & Saturday, April 7th

There will be many activities such as a drilling exercise, dental student panel, mock interview workshop, waxing teeth, and so much more! For more information and to RSVP, click <u>here</u>.

Manot Cave Dig Summer Opportunity: Deadline is April 1st

Join a team of researchers, faculty, and students to Israel to be part of a unique, once-in-a-lifetime opportunity to better understand how knowledge in craniofacial development can inform us about archaeology and anthropology. The research team has published preliminary findings in Nature (28 January 2015) that has garnered interest around the world. Additional information can be gleaned from the project Facebook page (manotcaveproject). For more information about how to apply, contact Yvonne McDermott (<u>ypm@case.edu</u>, subject "Manot 2018").

UMKC School of Dentistry Admission Enhancement Program (AEP): **Deadline is April 2nd**

The AEP is committed to helping students from culturally diverse backgrounds and students from underserved areas who are interested in applying to UMKC School of Dentistry in the next two years. For more information and to apply, click <u>here</u>.

ATSU-MOSDOH St. Louis Dental Center Workshop on Saturday, April 14th 10am-2:30pm

Join ATSU in St. Louis for lunch, a tour of the dental center, application workshop, and a student panel. For more information, click <u>here</u>. To RSVP, click <u>here</u>.

Pharmacy

Summer Pharmacy Institute at UIC College of Pharmacy: Deadline is April 1st

Spend 4.5 days at the SPI in Rockford, Illinois exploring the pharmacy profession. First 4 days will be 9am-4pm and last day will be until 1pm. Cost is \$125, and partial funding is available for students who live more than 90 miles away. For more information and to apply, click <u>here</u>.

Podiatric Medicine

Summer Internship Programs: Deadlines vary

Check out <u>this</u> listing of internship programs focusing on podiatric medicine. There are a variety of opportunities; make sure you pay attention to the requirements for applying.

Optometry

Illinois College of Optometry Summer Program: Deadline is March 30th

"Focus on Your Future" is a summer program at ICO for underrepresented minority students who are interested in the field of optometry. For more information and to apply, click <u>here</u>.

Ohio State College of Optometry I-DOC Summer 3-Day Program: **Deadline is April 9th**

Improving Diversity in Optometric Careers (I-DOC) introduces students to the optometry profession. Must be an ethnically underrepresented minority to apply. Click <u>here</u> for more information and to apply.

Physical Therapy

@Truman: Observation Opportunity on Monday, April 9th 3:30-5pm in HS 1208

Dr. Brandon Mack will be coming to Truman HS 1208 to perform isokinetic testing and will allow pre-PT students to get observation hours.

All Pre-Health Professions

@Truman: 17th Annual BIG Event on Saturday, April 7th

On Saturday, April 7, hundreds of Truman students will provide services to the residents of the Kirksville community by raking leaves, washing windows, painting, etc. The 17th Annual Big Event gives Truman students the opportunity to show appreciation for all of the support the Kirksville community has offered them. Truman students can sign up for the BIG Event through the following steps:

Visiting truservice.truman.edu 2) Updating their profile to include your organization 3) Clicking Browse Activities
Clicking One Time Events 5) Selecting The Big Event 6) Choosing your organization from the drop down, and choosing "Add to My Activities" 7) Once "Add to My Activities" turns from green to red, you're done!

@Truman: Full-Length Practice Test Day on Saturday, April 14th 7:30am-4:30pm in VH 1232

Please BYOPT (Bring your own practice test) and we will provide the quiet space and computers. If you need help finding a practice test, please reach out to us. We recommend that you take this test as close to actual testing conditions as possible. To RSVP, click <u>here</u>.

@Truman: Professionalism & Interview Tips on Tuesday, April 17th 5:30-6:30pm in VH 1412

Northeast Missouri AHEC and ATSU are putting on a workshop for high school students through undergraduate students via Zoom (teleconferencing). Join them by going to VH 1412 — bring your questions! No RSVP required.

ATSU Summer CRDP Intern Applications: **OPEN NOW**

Looking for a PAID research internship for the summer? For more information and to apply, click here.

True Friends Camp in MN Offers Volunteer Roles & Paid Internships for the Summer

"True Friends is a nonprofit agency providing life-changing experiences that enhance independence and self-esteem for children and adults with disabilities. True Friends' programs include camp, respite, therapeutic horseback riding, conference and retreat, travel and team building." For more information about this opportunity and to apply, click <u>here</u>.

@Truman: TruLifesaver Basic Life Support Training on Wednesday, April 11th (and many other session dates!)

These Basic Life Support (BLS) courses, taught by Liz Jorn and Jana Arabas of the Truman State University Department of Health and Exercise Sciences, are designed to help people recognize and respond to several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely, and effective manner. Click <u>here</u> for more information and to register.

@Truman: MOMOM (Missouri Mission of Mercy) is Coming to Kirksville on August 3 & 4, 2018 — Volunteers NEEDED

There are lots of volunteer opportunities available for pre-health (and other) students. This is a great way to serve others who need dental care as well as serve your community. Click <u>here</u> for more information about MOMOM in general. To inquire about the volunteer opportunities available, contact Tisha Kice-Briggs (<u>here</u>), Amanda Fitzpatrick (<u>here</u>), or Paul (<u>here</u>).

Did You Know?

We have overviews of all pre-health professions requirements & ideas on shadowing, volunteering, & research in Kirksville.

Visit http://excellence.truman.edu/advising/pre-health-professions/ for more information!

We have a table with great information regarding pre-health professions, schools, admissions tests, and other pertinent information. We have test prep materials available for checkout.

The information table is located in the Kirk Building hallway, outside of the freshmen academic advising office (Kirk Building 107). To check out materials, contact <u>Brittany Harden</u> or make an appointment to meet with her.

We have an archive of all of the previous newsletters.

Click here for more information!

We have an MCAT/Health Admissions Test Prep Course.

The course is currently titled INDV 320: MCAT/Med School Success Seminar — it is open to all students who will be taking an admission test for a health professions school (MCAT, DAT, OAT, etc.). If you have questions regarding this course, please contact <u>Brittany Harden</u>.



Brittany A. Harden

Pre-Health Professions Coordinator & Academic Advisor Truman State University Kirk Building 107 660-785-7403 <u>bharden@truman.edu</u> Make an appt online <u>here</u>

For more information: <u>Pre-Health Professions at</u> <u>Truman</u>

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Meet with a pre-health advisor or the pre-health coordinator:

If you are in your second year at Truman AND majoring in Biology, Chemistry, Exercise Science, or Health Science:

• You should meet with the designated pre-health advisor in your major. Depending on the department, some major advisors have a specific pre-health profession and some are versed in multiple pre-health professions.

If you are a first-year student OR a firstsemester transfer OR are majoring in anything **other** than Biology, Chemistry, Exercise Science, or Health Science:

• You should meet with Brittany Harden to help guide your preparation for health professions school. You may call 660-785-7403 or stop by the advising reception desk in Kirk Building 107 (Monday-Friday 8am-5pm) to make an appointment.