



# Pre-Health Professions

Truman State

Mar 20,  
2019

## This Week:

- 1) SPOTLIGHT: Athletic Training
- 2) EVENTS & ANNOUNCEMENTS
- 3) RESOURCES & SUPPORT
- 4) CONTACT INFORMATION

01

## SPOTLIGHT: Athletic Training

Learn more about a healthcare profession.

### Education Required

You must graduate from an accredited Athletic Training program and then pass the Board of Certification (BOC) exam. Soon, all Athletic Training programs will result in a masters degree.

Prior to applying, students complete an undergraduate program, including specific pre-requisites for their desired Master of Athletic Training (MAT) program. The following are the pre-requisites for Truman's MAT (must pass with a grade of C or better):

- Chemistry (minimum 3 credit hours)
- Biology (minimum 3 credit hours)
- Physics (minimum 3 credit hours)
- Nutrition (minimum 3 credit hours)
- First Aid/CPR (minimum 3 credit hours)
- Human Anatomy with Lab (4 credit hours)
- Human Physiology with Lab (4 credit hours)
- General Psychology (3 credit hours)
- Statistics (3 credit hours)

### Day-to-Day

Athletic trainers work to prevent, recognize, and evaluate injuries in athletes of all types and skill levels. They also work with a healthcare team to provide support and a plan for rehabilitation after an injury.

Athletic trainers work with a variety of ages, abilities, and types of physical activities. They work with any age and skill level. They work with athletes in areas such as:

- professional sports teams
- military & soldiers
- dancers & performing artists
- middle, secondary, and post-secondary athletics
- hospitals

### Resources

- CAATE (Commission on Accreditation of Athletic Training Education) [here](#).
- Occupational Outlook Handbook (OOH) on Athletic Trainers [here](#).

## Truman's Master of Athletic Training Program

APPLY NOW! April 1 deadline for Summer 2019 cohort. See [here](#) for more information.

02

## EVENTS & ANNOUNCEMENTS

[ALL]

**Sign Up NOW to Volunteer for the TriFAHL!**  
The 2019 TriFAHL Triathlon is Saturday, May 4th. Volunteers are needed! Sign up as an individual volunteer or enlist your club or organization. For more information about the TriFAHL, click [here](#). To sign up to volunteer, click [here](#).

[ALL]

**PERSONAL STATEMENT FEEDBACK**  
Would you like feedback on your personal statement? Truman's Pre-Health Assistant, Jared, will provide feedback on your personal statement. If you are interested, fill out the form [here](#).

[PA]

**RSVP Due: March 22, 2019**  
**Program Date: Saturday, April 6 10am-1pm**  
Creighton is hosting an open house for students interested in their Physician Assistant program. Join Creighton for a campus tour, meet the faculty, and more. To RSVP, click [here](#).

[Chiro]

**Saturday, March 23rd 8am**  
Palmer College of Chiropractic in Davenport, Iowa, is hosting an in-depth campus visit experience called Palmer 360. For more information and to register, click [here](#).

[Med]  
[Dent]

**Tuesday, April 2nd 8am**  
ATSU-KCOM & ATSU-MOSDOH invite you to join them for DO/DMD for a Day. Attend a lecture and lab, join an information session with Admissions, enjoy lunch and a tour, and more. For more information and to register, click [here](#).

[ALL]

**Saturday, April 6th 7:30am-4pm**  
Practice Test Day at Truman. Purchase a full-length practice exam and use our quiet, computer room to emulate your admissions exam day. To register, click [here](#).

[Dent]

**Saturday, April 13th 10am-3pm**  
ATSU - MOSDOH will be hosting a dental workshop experience at their St. Louis Clinic. Attend for an application workshop, lunch, student panel, and a tour of the facility. For more information and to register, click [here](#).

[ALL]

**Saturday, April 27th 7:30am-4pm**  
Practice Test Day at Truman. Purchase a full-length practice exam and use our quiet, computer room to emulate your admissions exam day. To register, click [here](#).

[PT]

**RSVP Due: May 1, 2019**  
**Program Date: Friday, June 14th**  
DMU will be hosting a visit day to learn more about their Doctor of Physical Therapy program. For more information and to register, click [here](#).

[Med]

**RSVP Due: June 1, 2019**  
**Program Date: Friday, June 21st**  
DMU will be hosting a visit day to learn more about their Doctor of Podiatric Medicine program. For more information and to register, click [here](#).

[ALL]

**Applications Due: varies**  
**Program Dates: Summer 2019 (varies)**  
For more summer opportunities across the nation, click [here](#). Many summer programs have application deadlines in February and March.

[Dent]

**Applications Due: varies**  
**Program Dates: Varies**  
ADEA has created a calendar for Enrichment Programs, specifically for pre-dental students. See [here](#) for program options and information.

04

## RESOURCES & SUPPORT

Truman has a pre-health professions page with lots of great resources, such as overviews of the different pre-health paths, ideas on shadowing/volunteering/research in Kirksville, archives of all the weekly newsletters, and details about our agreements with health professions schools! Click [HERE](#) to visit the page.



Truman has a table with great information about pre-health professions, schools, admission tests, and more. Test prep materials are also available for checkout. The table is located in the Kirk Building, outside of the freshmen academic advising office (Kirk Building 107).

We have an MCAT/Health Admissions Test Prep Course. The course is currently titled INDV 320: MCAT/Med School Success Seminar, and it is open to all students who will be taking an admission test for a health professions school (MCAT, DAT, OAT, etc.) in the next six months to a year. If you have questions regarding this course, contact Brittany Harden.



## CONTACT INFO

**Brittany Harden**  
Pre-Health Professions  
Coordinator & Advisor  
Kirk Building 107  
[bharden@truman.edu](mailto:bharden@truman.edu)  
Click [HERE](#) to make an appointment

**If you are in your second year or later at Truman AND majoring in Biology, Chemistry, Exercise Science, Health Science, or Agricultural Science:**

You should meet with the designated pre-health advisor in your major. Depending on the department, some major advisors have a specific pre-health profession and some are versed in multiple pre-health professions.

**If you are a first-year student OR majoring in anything other than the majors above:**

You should meet with Brittany Harden to help guide your preparation for health professions school. You may call 660-785-7403 (Monday-Friday 8am-5pm) or click [HERE](#) to make an appointment.