



Pre-Health Professions

Truman State

Jan 23,
2019

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01

Alternate Plans

"What will you do if you don't get into [health profession] school?" This is a common interview question, and you need to know the answer for an interview AND/OR if you don't get in.

Consider Your Reasons

What about being a doctor, dentist, PA, etc. makes you passionate about pursuing the field?

Write your reasons down. They may include things like:

- * Help / serve others
- * Medicine is interesting / I've always loved science
- * Problem solving

Research Other Careers

There are many, many other careers that match most of your reasons for wanting to be a doctor, dentist, PA, etc. Find some other careers, research how to pursue them, and go shadow or interview professionals in those careers.

For a more detailed look at how to make alternate plans, see **this presentation** by Brittany Harden.

02

EVENTS & ANNOUNCEMENTS

[Dent]

Wednesday, February 27th 6-8pm

Missouri School of Dentistry and Oral Health is hosting an open house for pre-dental students. Come for a curriculum overview, FAQ, tour, and food. To RSVP, click **here**.

[ALL]

Applications Due: February 15, 2019

Program Dates: June 8-28, 2019

DMU Health P.A.S.S. is a summer program for students aspiring to go to physical therapy, physician assistant, or medical school. Learn what it's like to be a health professions student while getting some shadowing and hands-on experience! For more information and to apply, click **here**.

[ALL]

Applications Due: February 25, 2019

Program Dates: May 19-June 21, 2019

Baltimore Health Immersion is a summer program for students working towards careers in healthcare. Earn 6 credits while engaging in service learning and activities. For more information and to apply, click **here**.

[ALL]

Applications Due: February 28, 2019

Program Dates: June 3-July 26, 2019

Boston University SPIN is a summer program for students working towards careers in healthcare, biomedical engineering, computer science, or neuroscience. Experience classroom instruction, research, and clinical exposure. For more information and to apply, click **here**.

[ALL]

Applications Due: March 10, 2019

Program Dates: June 3-June 28, 2019

Johns Hopkins' Summer Institute in Anatomy is a summer program for students working towards careers in healthcare. Participate in lectures and hands-on activities in anatomy (including cadavers and computer programs). For more information and to apply, click **here**.

[ALL]

Applications Due: varies

Program Dates: Summer 2019 (varies)

For more summer opportunities across the nation, click **here**. Many summer programs have application deadlines in February and March.

03

TIMELINE

What should you be doing to prepare for your health profession at this point in the year?

First Year

- Take a look at the core competencies for medical students & stories demonstrating those competencies (this is good for any health profession). See them **here**.

Second Year

- Build strong relationships with your professors, advisors, and supervisors (volunteer, work, shadowing). You will need strong letters of recommendation next year.

Third Year

- Prepare for your admissions exams. Make a study plan and start studying.
- Start writing your personal statement. Revise, revise, revise! Have many people look at it with a critical eye.

Last Year

- If you haven't heard anything yet, it's time to really start working towards your alternate plans. Are you retaking the MCAT? Working for a bit and reapplying? Moving on to a different career?
- Come visit with Brittany to discuss your other options.

04

RESOURCES & SUPPORT

Truman has a pre-health professions page with lots of great resources, such as overviews of the different pre-health paths, ideas on shadowing/volunteering/research in Kirksville, archives of all the weekly newsletters, and details about our agreements with health professions schools! Click **HERE** to visit the page.



Truman has a table with great information about pre-health professions, schools, admission tests, and more. Test prep materials are also available for checkout. The table is located in the Kirk Building, outside of the freshmen academic advising office (Kirk Building 107).

We have an MCAT/Health Admissions Test Prep Course. The course is currently titled INDV 320: MCAT/Med School Success Seminar, and it is open to all students who will be taking an admission test for a health professions school (MCAT, DAT, OAT, etc.) in the next six months to a year. If you have questions regarding this course, contact Brittany Harden.



CONTACT INFO

Brittany Harden

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Click **HERE** to make an appointment

If you are in your second year or later at Truman AND majoring in Biology, Chemistry, Exercise Science, Health Science, or Agricultural Science:

You should meet with the designated pre-health advisor in your major. Depending on the department, some major advisors have a specific pre-health profession and some are versed in multiple pre-health professions.

If you are a first-year student OR majoring in anything other than the majors above:

You should meet with Brittany Harden to help guide your preparation for health professions school. You may call 660-785-7403 (Monday-Friday 8am-5pm) or click **HERE** to make an appointment.