



Transfer Program Guide
John Wood Community College (JWCC)
Associate of Arts (AA) to
Bachelor of Science (BS) in
Exercise Science (Sport and Recreation Management Concentration)

Completion of the AA degree at JWCC fulfills the Disciplinary Perspectives requirements (Social, Communication, STEM, Humanities and Aesthetic) in The Dialogues (Truman State University's undergraduate core curriculum). Students transferring with an AA are required to complete INDV 3XX The Truman Symposium, INDV 3XX Transfer Seminar, two Writing-Enhanced (WE) courses, a 3-credit JINS course, the Missouri Statute requirement, and to demonstrate elementary proficiency in one foreign language, in addition to the remaining major requirements, required support, and the Bachelor of Arts or Bachelor of Science requirement.

In addition to completing the required courses for the AA degree at JWCC, students intending to transfer to Truman State University are advised to take the courses below as part of their degree program at JWCC.

JWCC Course	Truman Equivalent	
MTH 109 Elementary Statistics	STAT 190 Basic Statistics	3
PSY 101 Introduction to Psychology	PSYC 166 General Psychology	3
BIO 101 General Biology	BIOL 100 Biology	4
BIO 275 Human Anatomy and Physiology I	BIOL 214 Human Anatomy and Physiology I	4
BIO 276 Human Anatomy and Physiology II	BIOL 215 Human Anatomy and Physiology II	4
CHM 100 General Chemistry	CHEM 100 Chem. for Contemporary Living	4

Note on Foreign Language:

All students at Truman State University are required to demonstrate elementary proficiency in one foreign language, which requires up to two semesters to complete. Students pursuing a BA degree are required to demonstrate intermediate proficiency in one foreign language, which requires up to four semesters to complete. All transfer students are recommended to begin their language study as early as possible, to ensure a smooth path to graduation.

Sample Degree Plan			
First Semester at JWCC		Second Semester at JWCC	
FYE 101 Blazing Your Trail*	1		
ENG 101 Rhetoric and Composition I*	3	ENG 102 Rhetoric and Composition II*	3
MAT 109 Elementary Statistics [§]	3	BIO 101 General Biology [§]	4
PSY 101 Introduction to Psychology [§]	3	Social/Behavioral Science	3
Humanities Course	3	CMN 101 Intro to Speech*	3
Elective Course	3	Elective Course	3
Total	16	Total	16
Third Semester at JWCC		Fourth Semester at JWCC	
Elementary Foreign Language [§]	4	Elementary Foreign Language [§]	4
Social/Behavioral Science	3	CHM 100 General Chemistry	4
BIO 275 Human Anatomy and Physiology I [§]	4	BIO 276 Human Anatomy and Physiology II [§]	4
Elective Course	3	Elective Course	3
Elective Course	2	Elective Course	1
Total	16	Total	16
Total Credits for AA Degree			64
* Course is required for A.A.			
§ Course fulfills a requirement for B.S. in Exercise Science			

Sample Degree Plan			
First Semester at Truman		Second Semester at Truman	
ES 190 Intro to Exercise Science	3	ES 245 Nutrition for Health, Fitness, and Sport	3
ES 224 Research Methods and Data Interpretation	3	ES 202 Strength and Conditioning Anatomy	1
INDV 3xx Transfer Experience	2	JINS 3xx Junior Interdisciplinary Seminar	3
ES Concentration Course	3	ES 345 Exercise Physiology	3
ES Concentration Course	3	ES 367 Sport and Recreation Management	3
Total	14	Total	13
Third Semester at Truman		Fourth Semester at Truman	
ES 342 Biomechanics	4	ES 498 Capstone in Exercise Science	3
ES 445 Assessment and Prescription I	4	ES Core Elective	3
ES Concentration Course	3	ES 506 Advanced Sport Management	3
ES 343 Mvmt. Neuroscience OR ES 347 Motor Learning	3	POL 101 Constitutional Government or HIST 298 American Institutional History	1
ES 370 Internship in Exercise Science [#]	4	Free Elective	2
Total	14+4	Total	12
Total Credits for B.S. in Exercise Science Degree Completion			121
[#] ES 370 Internship occurs during the summer term. See an advisor for details.			

Notes

The above document is an example plan and is not a substitute for academic advising. Writing and Math placement may impact a student's degree plan. All prospective transfer students are encouraged to both seek advising at their home institution and to contact the Truman State University Transfer Programs Coordinator when questions arise.

Completion of the above plan will put a transfer student on pace to complete the B.S. in Exercise Science at Truman State University in two years, assuming satisfactory academic progress. A student transferring without all of the above courses may require more time to complete the degree.

Other Program Requirements:

- All Exercise Science majors are required to earn a 2.5 GPA in select major and B.S. requirements

In order to graduate with a Bachelor's degree, all students at Truman State University are required to satisfy the following:

- A 2.0 minimum cumulative GPA (unless a higher requirement is specified), a 2.0 minimum GPA in all coursework completed at Truman, and a 2.0 major GPA
- 120 total credits
- 40 credits of upper-level courses (courses numbered 300+)
- 45 credits must be completed in residence, 28 of which must immediately precede completion of requirements for the degree, 15 of which must be major requirements
- The Truman Week requirement is waived for all transfer students.
- Completion of The Dialogues. Dialogues requirements can be found in the Truman State University catalog.

A detailed explanation of the above graduation requirements for a Bachelor's degree can be found in the Truman State University catalog.