



Pre-Health Professions

T r u m a n S t a t e

Nov 14,
2018

This Week:

- 1) RESEARCH AT TRUMAN
- 2) EVENTS & ANNOUNCEMENTS
- 3) TIMELINE
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01

Research at Truman

Research experiences are helpful for preparing you for health professions school.

GIASR

Grants-in-Aid of Scholarship and Research (GIASR) are \$750 grants available for students from all majors. There are three rounds of applications/deadlines throughout the year. For more information about eligibility and applying, click [here](#).

TruScholars

The TruScholars program provides stipends for full-time summer research. Applications are generally due in February for the following summer. For more information about eligibility and applying, click [here](#).

Other Opportunities

- Research is available for credit in certain majors. Discuss potential opportunities in your major with faculty members.
- Research is available for scholarship hours, work study, or sometimes paid positions. Check out TruPositions for listings.

02

EVENTS & ANNOUNCEMENTS

[Med]

Registration Open Now!
Mizzou MedPrep I registration is available for the January 3-4, 2019 session. This workshop is for junior & senior undergraduate students learn more about the process and how to be more competitive. For more information and to register, click [here](#).

[ALL]

Applications Open Now!
DMU Health P.A.S.S. is a summer program for students aspiring to go to physical therapy, physician assistant, or medical school. Learn what it's like to be a health professions student while getting some shadowing and hands-on experience! For more information and to apply, click [here](#).

03

TIMELINE

What should you be doing to prepare for your health profession at this point in the year?

First Year

- Attend office hours and make meaningful connections with professors.
- Keep a record of the dates and contact information for events that you participate in. You will need this when you apply to health professions schools.

Second Year

- Take some time to look at yourself as a candidate and potential health professional. Do you love interacting with patients and serving others? Do you enjoy a challenging/demanding lifestyle? If not, you may start to consider a different profession.

Third Year

- Start thinking about what you will write about in your personal statement. It's never too early to start a list of ideas.
- Continue working towards your goal, but also make sure you are thinking about alternate plans.

Last Year

- Send thank you notes to letter writers and mentors. Make sure to give them updates (i.e., how interviews went) if you have any. But...
- be patient. Most students will find out about acceptance or rejection by mid-March.

04

RESOURCES & SUPPORT

Truman has a pre-health professions page with lots of great resources, such as overviews of the different pre-health paths, ideas on shadowing/volunteering/research in Kirksville, archives of all the weekly newsletters, and details about our agreements with health professions schools! Click [HERE](#) to visit the page.



Truman has a table with great information about pre-health professions, schools, admission tests, and more. Test prep materials are also available for checkout. The table is located in the Kirk Building, outside of the freshmen academic advising office (Kirk Building 107).

We have an MCAT/Health Admissions Test Prep Course. The course is currently titled INDV 320: MCAT/Med School Success Seminar, and it is open to all students who will be taking an admission test for a health professions school (MCAT, DAT, OAT, etc.) in the next six months to a year. If you have questions regarding this course, contact Brittany Harden.



CONTACT INFO

Brittany Harden

Pre-Health Professions
Coordinator & Advisor
Kirk Building 107
bharden@truman.edu
Click [HERE](#) to make an appointment

If you are in your second year or later at Truman AND majoring in Biology, Chemistry, Exercise Science, Health Science, or Agricultural Science:

You should meet with the designated pre-health advisor in your major. Depending on the department, some major advisors have a specific pre-health profession and some are versed in multiple pre-health professions.

If you are a first-year student OR majoring in anything other than the majors above:

You should meet with Brittany Harden to help guide your preparation for health professions school. You may call 660-785-7403 (Monday-Friday 8am-5pm) or click [HERE](#) to make an appointment.