

# Pre-Health Professions at Truman State University

April 25, 2018

## Spotlight: DO vs MD

### DO: Doctor of Osteopathic Medicine (Osteopathic)

- Osteopathic medicine takes a holistic approach to healthcare. DOs believe that your mind, body, and spirit are all connected, and that all of these things must be considered when diagnosing and treating you.
- Many DOs also utilize Osteopathic Manipulative Medicine (OMM), which is a non-invasive treatment method that helps diagnose and treat your musculoskeletal system.

### MD: Doctor of Medicine (Allopathic)

- Allopathic medicine focuses on the issues presented by the patient and treating those issues. They do often look at lifestyle issues and changes as well.

### Both

- Both are licensed physicians who can practice in a variety of areas and specialties.
- Right now, residencies for DO and MD were separate. In July 2020, all residency programs will be one. So both MD and DO students will be able to apply for all residency programs.

## 2019 ADEA AADSAS Application Opens on May 15, 2018

- This is THREE weeks earlier than in the past.
- Students will be able to SUBMIT applications starting June 5, 2018.
- The application cycle runs from June 5, 2018 to February 1, 2019. HOWEVER, we strongly suggest you submit all materials as close to June 5th as you are able.



- \* Pre-Athletic Training
- \* Pre-Chiropractic
- \* Pre-Dental
- \* Pre-Medical
- \* Pre-Occupational Therapy
- \* Pre-Optometry
- \* Pre-Pharmacy
- \* Pre-Physical Therapy
- \* Pre-Physician Assistant
- \* Pre-Veterinary

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# Events & Resources

## Dental

### ADEA GoDental Virtual Fair on Wednesday, May 23th & Thursday, May 24th

Participate in free online events for pre-dental students. Chat with many dental schools, view presentations about applying to dental school, and much more. For more information and to register, click [here](#).

## Medical

### @Truman: Creighton Medical School will be here on Thursday, May 3rd 12-1pm in MC 215 (FREE Pizza!)

Ryan Wessel, Director of Admissions, from Creighton Medical School will be here to answer questions and talk about the Creighton Medical program. Click [here](#) to RSVP.

### Kansas Residents: University of Kansas Primary Care Workshop on Wednesday, May 30th: Deadline is **May 16, 2018**

One day workshop for Kansas residents only. Participate in the Problem-Based Learning curriculum, learn the basics of a physical exam, and more. Click [here](#) for more information and to register.

### Mizzou Med Prep I: Two Day Workshop on Thursday, August 16th & Friday, August 17th (Registration Opens May 1st & Fills Up Quickly)

Spend one evening and one full day learning about how to become a well-rounded, competitive candidate for medical school. This workshop is for college juniors (or those planning on applying in the next application cycle). Cost is \$75. For more information and to register, click [here](#).

## Physical Therapy

### APTA DPT Education Virtual Fair on Thursday, April 26th

FREE for all prospective students. Find and visit with Doctor of Physical Therapy programs. Click [here](#) for more information and the register.

## All Pre-Health Professions

### @Truman: Pre-Health Full Length Practice Test Day on Saturday, April 28th 7:50am-4:30pm in VH 1142

Bring your full-length practice exam and enjoy the test-like environment. No reservations needed; just show up!

### @Truman: MOMOM (Missouri Mission of Mercy) is Coming to Kirksville on August 3 & 4, 2018 — Volunteers NEEDED

There are lots of volunteer opportunities available for pre-health (and other) students. This is a great way to serve others who need dental care as well as serve your community. Volunteer registration is now open! Click [here](#) to register as a volunteer.

## Looking for More Summer Programs?

[Here](#) is a great list of programs as well as resources for other programs.

# Did You Know?

We have overviews of all pre-health professions requirements & ideas on shadowing, volunteering, & research in Kirksville.

Visit <http://excellence.truman.edu/advising/pre-health-professions/> for more information!

We have a table with great information regarding pre-health professions, schools, admissions tests, and other pertinent information. We have test prep materials available for checkout.

The information table is located in the Kirk Building hallway, outside of the freshmen academic advising office (Kirk Building 107). To check out materials, contact [Brittany Harden](#) or make an appointment to meet with her.

We have an archive of all of the previous newsletters.

Click [here](#) for more information!

We have an MCAT/Health Admissions Test Prep Course.

The course is currently titled INDV 320: MCAT/Med School Success Seminar — it is open to all students who will be taking an admission test for a health professions school (MCAT, DAT, OAT, etc.). If you have questions regarding this course, please contact [Brittany Harden](#).



## **Brittany A. Harden**

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Make an appt online [here](#)

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For more information:  
[Pre-Health Professions at Truman](#)

## Meet with a pre-health advisor or the pre-health coordinator:

If you are in your second year at Truman AND majoring in Biology, Chemistry, Exercise Science, or Health Science:

- You should meet with the designated pre-health advisor in your major. Depending on the department, some major advisors have a specific pre-health profession and some are versed in multiple pre-health professions.

If you are a first-year student OR a first-semester transfer OR are majoring in anything **other** than Biology, Chemistry, Exercise Science, or Health Science:

- You should meet with Brittany Harden to help guide your preparation for health professions school. You may call 660-785-7403 or stop by the advising reception desk in Kirk Building 107 (Monday-Friday 8am-5pm) to make an appointment.