

# Pre-Health Professions at Truman State University

January 31, 2018

## TIMELINE

At this point in the year, most pre-health students should be...

### First Year

- Educating yourself on how to be a competitive applicant, especially if you are trying to overcome a rough fall semester.
- Attending supplemental lectures or tutoring for your science and pre-requisite courses. Work on finding effective study methods that will help you retain the information you are learning now because it will be important later.

### Second Year

- Looking into early admission program deadlines (some of them are due at the end of your sophomore year) and assessing your competitiveness for these programs.
- Investigating admissions exams. Most are taken during your third year. Start finding out what you need to know to do well.

### Third Year

- Talking to faculty members, advisors, and health care professionals who know you well to ask **IN PERSON** if they would be willing to write a recommendation letter for your application. If they say yes, email them the following documents:
  - Resume/list of activities and accomplishments
  - Personal statement and/or a cover letter explaining your path, goals, etc.
  - Any other useful information for them (i.e., some direction on how to write a recommendation letter. For instance, the AAMC has a document specifically for letter writers for medical applications)

### Fourth Year

- Interviewing, hopefully! Remember to send thank you letters or emails to your interviewers.
- Considering alternate options, especially if you haven't been scheduled for any interviews.



- \* Pre-Athletic Training
- \* Pre-Chiropractic
- \* Pre-Dental
- \* Pre-Medical
- \* Pre-Occupational Therapy
- \* Pre-Optometry
- \* Pre-Pharmacy
- \* Pre-Physical Therapy
- \* Pre-Physician Assistant
- \* Pre-Veterinary

#### Inside this issue

Timeline .....	1
Featured Events .....	2
Scholarships & Program Deadlines.....	2
Did You Know?.....	3



↑ Click on the button to navigate to our page! ↑

# Featured Events & Resources

## Podiatric Medicine Virtual Fair on Wednesday, February 7th

FREE for students. All nine podiatric schools will be present. If you are remotely interested in podiatric medicine, be sure to check it out. [Here](#) is more information.

## Webinar: Strategies for a Successful DAT on Thursday, February 8th 6-7pm

Presented by Kaplan. For more information and to RSVP, click [here](#).

## AAMC Virtual Fair on Thursday, February 15th 10am-7pm

Over 60 medical schools will be present for questions and discussions via chat. For more information and to register, click [here](#).

## Webinar: The Road to Veterinary School on Wednesday, February 21st 1:30pm

For freshmen and sophomore undergraduate pre-veterinary students. Look at the VMCAS application and find out what you should be doing to prepare. Click [here](#) for more information.

## Upcoming Summer Program & Scholarship Deadlines

### Health Professions Readiness & Enrichment Program (HPREP): **January 31**

4-day intensive program for pre-health students in certain areas. Takes place in late May at Campbell University. Click [here](#) for more information.

### LGBTI Health Internship Summer Program: **February 1**

10-week summer internship for students interested in LGBTI health and research. Click [here](#) for more information.

### Gateways to the Lab Summer Program: **February 1**

10-week summer program for students interested in research. Students receive a stipend for this program. Program is June 4-August 10, 2018. For more information, click [here](#).

### Summer Undergraduate Research Fellowship (SURF): **February 4**

Summer program for seniors (and potentially some juniors) with a focus on research. Students receive room, board, a stipend, and reimbursement for travel expenses. Click [here](#) for more information.

### Pre-Vet Leadership Award: **February 5**

If you are an active member of Truman's pre-vet club and have already applied to veterinary school, you might be interested in this award. For more information, click [here](#).

### Summer Health Professions Education Program (SHPEP): **February 15**

For more information, click [here](#).

### Washington University ASPIRE: **February 20**

8-week program in which students do research with a mentor and receive three undergraduate credits. For more information, click [here](#).

**FREE MCAT Resource: [Daily CARS Passages & Questions](#)**

# Did You Know?

We have overviews of all pre-health professions requirements & ideas on shadowing, volunteering, & research in Kirksville.

Visit <http://excellence.truman.edu/advising/pre-health-professions/> for more information!

We have a table with great information regarding pre-health professions, schools, admissions tests, and other pertinent information. We have test prep materials available for checkout.

The information table is located in the Kirk Building hallway, outside of the freshmen academic advising office (Kirk Building 107). To check out materials, contact [Brittany Harden](#) or make an appointment to meet with her.

We have an archive of all of the previous newsletters.

Click [here](#) for more information!

We have an MCAT/Health Admissions Test Prep Course.

The course is currently titled INDV 320: MCAT/Med School Success Seminar — it is open to all students who will be taking an admission test for a health professions school (MCAT, DAT, OAT, etc.). If you have questions regarding this course, please contact [Brittany Harden](#).



## **Brittany A. Harden**

Pre-Health Professions  
Coordinator  
& Academic Advisor  
Truman State University  
Kirk Building 107  
660-785-7403

[bharden@truman.edu](mailto:bharden@truman.edu)

Make an appt online [here](#)

.....

For more information:  
[Pre-Health Professions at Truman](#)

## Meet with a pre-health advisor or the pre-health coordinator:

If you are in your second year at Truman AND majoring in Biology, Chemistry, Exercise Science, or Health Science:

- You should meet with the designated pre-health advisor in your major. Depending on the department, some major advisors have a specific pre-health profession and some are versed in multiple pre-health professions.

If you are a first-year student OR a first-semester transfer OR are majoring in anything **other** than Biology, Chemistry, Exercise Science, or Health Science:

- You should meet with Brittany Harden to help guide your preparation for health professions school. You may call 660-785-7403 or stop by the advising reception desk in Kirk Building 107 (Monday-Friday 8am-5pm) to make an appointment.