

# Pre-Health Professions at Truman State University

February 21, 2018



- \* Pre-Athletic Training
- \* Pre-Chiropractic
- \* Pre-Dental
- \* Pre-Medical
- \* Pre-Occupational Therapy
- \* Pre-Optometry
- \* Pre-Pharmacy
- \* Pre-Physical Therapy
- \* Pre-Physician Assistant
- \* Pre-Veterinary

Inside this issue

Athletic Training.....	1
Featured Events .....	2
Scholarships & Program Deadlines.....	2
Did You Know?.....	3

## Pre-health students: have you considered Athletic Training?

### What is athletic training?

Athletic trainers work to prevent, recognize, and evaluate injuries in athletes of all types and skill levels. They also work with a healthcare team to provide support and a plan for rehabilitation after an injury.

### Who do athletic trainers work with?

Athletic trainers work with a variety of ages, abilities, and types of physical activities. They work with any age and skill level. They work with athletes in areas such as:

- professional sports teams
- military & soldiers
- dancers & performing artists
- middle, secondary, and post-secondary athletics
- hospitals

Truman State University's Master of Athletic Training Program is **accepting applications for fall 2018.**

- [www.truman.edu/mat](http://www.truman.edu/mat)
- See the PDF attached to the newsletter email

### Win a FREE MCAT Full-Length Practice Exam

We are looking for feedback on the pre-health newsletter as well as pre-health offerings at Truman. Please fill out [THIS](#) short survey for a chance to win a full-length practice exam.

Winner will be announced in the February 28th newsletter.



Click on the button to navigate to our page!

# Featured Events

## **@Truman: Managing Academic Stress Workshop on Tuesday, February 27th 5:30-6:30pm in VH 1412**

This workshop — which will take place via Zoom videoconferencing software and is put on by AHEC— will focus on how to manage academic stress. While this is directed at pre-health students (high school and undergraduate), any students are welcome to join.

## **@Truman: Career & Grad School Week is February 26-March 2**

For the schedule of events and more information, click [here](#).

## **@Truman: Full-Length Practice Test Day on Saturday, March 3rd 7:30am-4:30pm in VH 1232**

Please BYOPT (Bring your own practice test) and we will provide the quiet space and computers. If you need help finding a practice test, please reach out to us. We recommend that you take this test as close to actual testing conditions as possible. To RSVP, click [here](#).

## **Mock Interviews for Pre-Med Students at ATSU on Saturday, March 3rd**

The interviews will run 8:45-12pm and will include two mock interviews, a personal statement feedback session, OMM demonstration, and tour of the ATSU campus. To register, click [here](#).

## **DO/DMD for a Day at ATSU on Tuesday, March 13th 8am-5pm**

Visit ATSU to see what a typical day is like for a DO or DMD student. This can be a great way to network with others, as well as meet the Admissions department at ATSU. Click [here](#) for more information and to RSVP.

## **Webinar: The Road to Veterinary School on Wednesday, March 14th 1pm**

For freshmen and sophomore undergraduate pre-veterinary students. Look at the VMCAS application and find out what you should be doing to prepare. Click [here](#) for more information and to register.

## **Upcoming Summer Program & Scholarship Deadlines**

### **Illinois College of Optometry Summer Program: March 30th**

“Focus on Your Future” is a summer program at ICO for underrepresented minority students who are interested in the field of optometry. For more information and to apply, click [here](#).

### **Scholarship Opportunity: Humanitarian Health Conference in Kansas City April 12-13th**

There are scholarships available for students who register on a first come, first serve basis. Enter code: **student2018** at checkout. More info and registration [here](#).

# Did You Know?

We have overviews of all pre-health professions requirements & ideas on shadowing, volunteering, & research in Kirksville.

Visit <http://excellence.truman.edu/advising/pre-health-professions/> for more information!

We have a table with great information regarding pre-health professions, schools, admissions tests, and other pertinent information. We have test prep materials available for checkout.

The information table is located in the Kirk Building hallway, outside of the freshmen academic advising office (Kirk Building 107). To check out materials, contact [Brittany Harden](#) or make an appointment to meet with her.

We have an archive of all of the previous newsletters.

Click [here](#) for more information!

We have an MCAT/Health Admissions Test Prep Course.

The course is currently titled INDV 320: MCAT/Med School Success Seminar — it is open to all students who will be taking an admission test for a health professions school (MCAT, DAT, OAT, etc.). If you have questions regarding this course, please contact [Brittany Harden](#).



## **Brittany A. Harden**

Pre-Health Professions  
Coordinator  
& Academic Advisor  
Truman State University  
Kirk Building 107  
660-785-7403

[bharden@truman.edu](mailto:bharden@truman.edu)

Make an appt online [here](#)

.....

For more information:  
[Pre-Health Professions at Truman](#)

## Meet with a pre-health advisor or the pre-health coordinator:

If you are in your second year at Truman AND majoring in Biology, Chemistry, Exercise Science, or Health Science:

- You should meet with the designated pre-health advisor in your major. Depending on the department, some major advisors have a specific pre-health profession and some are versed in multiple pre-health professions.

If you are a first-year student OR a first-semester transfer OR are majoring in anything **other** than Biology, Chemistry, Exercise Science, or Health Science:

- You should meet with Brittany Harden to help guide your preparation for health professions school. You may call 660-785-7403 or stop by the advising reception desk in Kirk Building 107 (Monday-Friday 8am-5pm) to make an appointment.