

Pre-Health Professions at Truman State University

February 14, 2018

Spotlight on Health Professions:

Occupational Therapist

What is an Occupational Therapist?

OTs work with patients and create treatment plans that include goals and activities to achieve those goals. OTs help patients with long-lasting disabilities learn new or different ways to do everyday activities. They also give recommendations for adaptations as well as educate family and employers. OTs work in a variety of settings, including nursing homes, schools, hospitals, or private practices.

How do you become an Occupational Therapist?

Practicing as an OT requires a master's degree or doctorate degree in Occupational Therapy. OTs are also required to be licensed through the National Board for Certification in Occupational Therapy.

What is required to go to Optometry school?

These are the Truman equivalent of the general requirements to go to Occupational Therapy school:

- BIOL 100 or 107
- BIOL 214 & 215 or 325 & 365/365L
- HLTH 200
- PSYC 166
- PSYC 366
- PSYC 377
- SOAN 190 or 191

Where can I find more information?

- The American Occupational Therapy Association (<https://www.aota.org/>)
- Missouri Occupational Therapy Association (<https://www.motamo.net/>)
- Truman's PT/OT Club (<http://preptot.truman.edu/>)

Win a FREE MCAT Full-Length Practice Exam

We are looking for feedback on the pre-health newsletter as well as pre-health offerings at Truman. Please fill out [THIS](#) short survey for a chance to win a full-length practice exam.

Winner will be announced in the February 28th newsletter.



- * Pre-Athletic Training
- * Pre-Chiropractic
- * Pre-Dental
- * Pre-Medical
- * Pre-Occupational Therapy
- * Pre-Optometry
- * Pre-Pharmacy
- * Pre-Physical Therapy
- * Pre-Physician Assistant
- * Pre-Veterinary

Inside this issue

- Spotlight.....1
- Featured Events2
- Scholarships & Program Deadlines.....2
- Did You Know?.....3



Click on the button to navigate to our page!

Featured Events

@Truman: MCAT Prep Presentation on Thursday, February 15th at 7pm in VH 1010

Learn about the best ways to prepare for the MCAT from students who have already taken it and applied to medical school. We will go over resources, creating a study plan, and pro tips for taking the test that will allow you to pursue your dream of becoming a physician.

AAMC Virtual Fair on Thursday, February 15th 10am-7pm

Over 60 medical schools will be present for questions and discussions via chat. For more information and to register, click [here](#).

DO/DMD for a Day at ATSU on Tuesday, February 20th 8am-5pm

Visit ATSU to see what a typical day is like for a DO or DMD student. This can be a great way to network with others, as well as meet the Admissions department at ATSU. Click [here](#) for more information and to RSVP.

@Truman: Saint Louis School of Medicine on Wednesday, February 21st 11:30am in Baldwin Hall 112

Interested in SLU's medical school? Bring your questions for the admissions department for this presentation in BH 112.

Webinar: The Road to Veterinary School on Wednesday, February 21st 1:30pm

For freshmen and sophomore undergraduate pre-veterinary students. Look at the VMCAS application and find out what you should be doing to prepare. Click [here](#) for more information.

Mock Interviews for Pre-Med Students at ATSU on Saturday, March 3rd

The interviews will run 8:45-12pm and will include two mock interviews, a personal statement feedback session, OMM demonstration, and tour of the ATSU campus. To register, click [here](#).

Upcoming Summer Program & Scholarship Deadlines

Summer Health Professions Education Program (SHPEP): February 15

For more information, click [here](#).

Washington University ASPIRE: February 20

8-week program in which students do research with a mentor and receive three undergraduate credits. For more information, click [here](#).

SCHOLARSHIP OPPORTUNITY: Humanitarian Health Conference in Kansas City April 12-13th

There are scholarships available for students who register on a first come, first serve basis. Enter code: **student2018** at checkout. More info and registration [here](#).

Did You Know?

We have overviews of all pre-health professions requirements & ideas on shadowing, volunteering, & research in Kirksville.

Visit <http://excellence.truman.edu/advising/pre-health-professions/> for more information!

We have a table with great information regarding pre-health professions, schools, admissions tests, and other pertinent information. We have test prep materials available for checkout.

The information table is located in the Kirk Building hallway, outside of the freshmen academic advising office (Kirk Building 107). To check out materials, contact [Brittany Harden](#) or make an appointment to meet with her.

We have an archive of all of the previous newsletters.

Click [here](#) for more information!

We have an MCAT/Health Admissions Test Prep Course.

The course is currently titled INDV 320: MCAT/Med School Success Seminar — it is open to all students who will be taking an admission test for a health professions school (MCAT, DAT, OAT, etc.). If you have questions regarding this course, please contact [Brittany Harden](#).



Brittany A. Harden

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Make an appt online [here](#)

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For more information:
[Pre-Health Professions at Truman](#)

Meet with a pre-health advisor or the pre-health coordinator:

If you are in your second year at Truman AND majoring in Biology, Chemistry, Exercise Science, or Health Science:

- You should meet with the designated pre-health advisor in your major. Depending on the department, some major advisors have a specific pre-health profession and some are versed in multiple pre-health professions.

If you are a first-year student OR a first-semester transfer OR are majoring in anything **other** than Biology, Chemistry, Exercise Science, or Health Science:

- You should meet with Brittany Harden to help guide your preparation for health professions school. You may call 660-785-7403 or stop by the advising reception desk in Kirk Building 107 (Monday-Friday 8am-5pm) to make an appointment.