

# Pre-Health Professions at Truman State University

October 25, 2017

## At this point in the year...

### First Year

- Research a multitude of healthcare options and paths that appeal to you.
- Learn what courses and admissions exams are required for the health professions you are considering.

### Second Year

- Explore research opportunities available at Truman (or external opportunities). See [osr.truman.edu](http://osr.truman.edu) to get started.

### Third Year

- Register for your admissions exam & start preparing to study. Most students [should] study for about 3-4 months (15-20 hours per week) in addition to their regular coursework.

### Fourth Year

- Send thank you notes to evaluators/recommenders and mentors. If you have interviewed, consider sending a thank you note to your interviewers/admissions reps at the health professions school.
- Continue to hone your interviewing skills by using the Career Center and mock interviews.

For more information or questions regarding your specific pre-health profession timeline, contact [Brittany Harden](#) or the pre-health advisor in your major.

## Important Dates & Deadlines

- **THIS Friday, October 27th**—The last day to drop a semester-long course (with a W on your transcript & a \$50 fee).



- \* Pre-Athletic Training
- \* Pre-Chiropractic
- \* Pre-Dental
- \* Pre-Medical
- \* Pre-Occupational Therapy
- \* Pre-Optometry
- \* Pre-Pharmacy
- \* Pre-Physical Therapy
- \* Pre-Physician Assistant
- \* Pre-Veterinary

### Inside this issue

Timelines .....	1
Important Dates .....	1
Featured Events .....	2
Did You Know?.....	3



↑ Click on the button to navigate to our page! ↑

# Timelines

## Berkeley Optometry Webinars: Interview Skills and Professional Etiquette on Thursday, October 26th

Berkeley School of Optometry is hosting a webinar about interviewing skills and how to be professional on Thursday, October 26th 2pm-3:30pm CST. To RSVP, click [here](#).

## @Truman: ATSU Application Workshop on Monday, November 6th 7pm in MG 2078

For students applying to health professions schools in summer 2018: ATSU will present a workshop on application tips here at Truman. Come learn how to be a competitive candidate by being the admissions representative! This is in conjunction with AMSA & Pre-Soma. Seating is limited.

## ATSU DO/DMD for a Day Program: Tuesday, November 7th 8am-5pm

ATSU hosts multiple DO/DMD days in which undergraduate students can experience a typical day in the life of a DO/DMD student. The last one this fall is November 7th. For more information and to RSVP, click [here](#). You may also see the flyer that was attached to the newsletter email.

## Health Professions Week (#HPW2017) is November 6th-10th

For ALL pre-health students: there are videos, virtual fairs, speakers, and more! There are some awesome events planned, but you need to register to get more information. For more information, click [here](#). To register, click [here](#).

## @Truman: Pre-Health Admissions Test Practice on Saturday, November 11th 7:50am-4pm in VH 1220

Truman's Pre-Health Professions is a BYOPT event. You bring the practice test (MCAT, DAT, PCAT, GRE, etc.) and we will provide the space, computers, and testing environment. To RSVP, click [here](#).

## Pre-SOMA Conference at NYITCOM at Arkansas State University on Saturday, November 11th 9am-4pm

Registration is FREE and is limited to 130 students. Registration deadline is November 8th. For more information and to register, click [here](#). You may also see the flyer that was attached to the newsletter email.

## @Truman: MCAT Prep Presentation on Wednesday, November 15th 7-8pm in VH 1010

Learn about the best ways to prepare for the MCAT from students who have already taken it and applied to medical school. We will go over resources, creating a study plan, and pro tips for taking the test that will allow to you pursue your dream of becoming a physician. To RSVP, click [here](#).

## THINK AHEAD: Mizzou MedPrep I Workshop on January 4-5, 2018

For more information and to register, click [here](#). You may also see the flyer that was attached to the newsletter email.

# Did You Know?

We have overviews of all pre-health professions requirements & ideas on shadowing, volunteering, & research in Kirksville.

Visit <http://excellence.truman.edu/advising/pre-health-professions/> for more information!

We have a table with great information regarding pre-health professions, schools, admissions tests, and other pertinent information. We have test prep materials available for checkout.

The information table is located in the Kirk Building hallway, outside of the freshmen academic advising office (Kirk Building 107). To check out materials, contact [Brittany Harden](#) or make an appointment to meet with her.

We have an archive of all of the previous newsletters.

Click [here](#) for more information!

We have an MCAT/Health Admissions Test Prep Course.

The course is currently titled INDV 320: MCAT/Med School Success Seminar — it is open to all students who will be taking an admission test for a health professions school (MCAT, DAT, OAT, etc.). If you have questions regarding this course, please contact [Brittany Harden](#).



## **Brittany A. Harden**

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For more information:  
[Pre-Health Professions at Truman](#)

## Meet with a pre-health advisor or the pre-health coordinator:

If you are in your second year at Truman AND majoring in Biology, Chemistry, Exercise Science, or Health Science:

- You should meet with the designated pre-health advisor in your major. Depending on the department, some major advisors have a specific pre-health profession and some are versed in multiple pre-health professions.

If you are a first-year student OR a first-semester transfer OR are majoring in anything **other** than Biology, Chemistry, Exercise Science, or Health Science:

- You should meet with Brittany Harden to help guide your preparation for health professions school. You may call 660-785-7403 or stop by the advising reception desk in Kirk Building 107 (Monday-Friday 8am-5pm) to make an appointment.