

Pre-Health Professions at Truman State University

November 1, 2017

Spotlight on Health Professions:

Physical Therapist

What is a Physical Therapist?

Physical Therapists (PT) diagnose and treat patients who have difficulty with normal movement or function because of a health-related issue. PTs work with other healthcare professionals to provide treatment to a variety of patients and age-groups.

How do you become a Physical Therapist?

All accredited Physical Therapy programs are now doctorate programs and are approximately three years post-undergraduate degree. The majority of the curriculum is classroom learning but there is also a clinical component.

What is required to go to Physical Therapy school?

These are the Truman equivalent of the general requirements to go to Physical Therapy school:

- BIOL 107 & 108
- 2 semesters of Anatomy & Physiology w/ labs
 - BIOL 214 & 215
 - BIOL 302
 - BIOL 315
 - BIOL 325
 - BIOL 365/365L
- CHEM 130 & 131
- PHYS 185 & 186 or 195 & 196
- PSYC 166
- (some schools) 2nd semester of Psychology

Where can I find more information?

American Physical Therapy Association (APTA), click [here](#). Also, consider joining Truman's Pre-OT/PT Club! For more information, click [here](#).

Practice Tests & Diagnostics

- [MCAT](#): 3 full length exams from AAMC, \$35 each
- [DAT](#): 1 full length from ADA, \$37
- [OAT](#): 3 full length, suggested by www.optometrystudents.com, \$70 (for all three tests)
- [PCAT](#): 3 full length, \$70 (for all three tests)
- [GRE](#): 2 full length from ETS



- * Pre-Athletic Training
- * Pre-Chiropractic
- * Pre-Dental
- * Pre-Medical
- * Pre-Occupational Therapy
- * Pre-Optometry
- * Pre-Pharmacy
- * Pre-Physical Therapy
- * Pre-Physician Assistant
- * Pre-Veterinary

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Featured Events

@Truman: ATSU Application Workshop on Monday, November 6th 7pm in MG 2078

For students applying to health professions schools in summer 2018: ATSU will present a workshop on application tips here at Truman. Come learn how to be a competitive candidate by being the admissions representative! This is in conjunction with AMSA & Pre-Soma. Seating is limited.

ATSU DO/DMD for a Day Program: Tuesday, November 7th 8am-5pm

ATSU hosts multiple DO/DMD days in which undergraduate students can experience a typical day in the life of a DO/DMD student. The last one this fall is November 7th. For more information and to RSVP, click [here](#). You may also see the flyer that was attached to the newsletter email.

Health Professions Week (#HPW2017) is November 6th-10th

For ALL pre-health students: there are videos, virtual fairs, speakers, and more! There are some awesome events planned, but you need to register to get more information. For more information, click [here](#). To register, click [here](#).

@Truman: Pre-Health Admissions Test Practice on Saturday, November 11th 7:50am-4pm in VH 1220

Truman's Pre-Health Professions is a BYOPT event. You bring the practice test (MCAT, DAT, PCAT, GRE, etc.) and we will provide the space, computers, and testing environment. To RSVP, click [here](#).

@Truman: Global Health Successes Poster Presentation on Monday, November 13th 11:30am-1:00pm in SUB Georgian Room A

Come check out posters discussing global health success stories. There will also be some yummy international teas, coffees, and candies available

@Truman: MCAT Prep Presentation on Wednesday, November 15th 7-8pm in VH 1010

Learn about the best ways to prepare for the MCAT from students who have already taken it and applied to medical school. We will go over resources, creating a study plan, and pro tips for taking the test that will allow to you pursue your dream of becoming a physician. To RSVP, click [here](#).

@Truman: Palmer Chiropractic Presentation on Wednesday, November 29th 12pm-1pm in MG 1099

A representative from Palmer College of Chiropractic will be at Truman to discuss their programs and answer any questions you might have regarding the path to chiropractic school and the profession. For more information about Palmer and our dual degree program with them, click [here](#) and [here](#).

@Truman: Pre-Health Admissions Test Practice on Saturday, December 2nd 7:50am-4pm in VH 1220

Truman's Pre-Health Professions is a BYOPT event. You bring the practice test (MCAT, DAT, PCAT, GRE, etc.) and we will provide the space, computers, and testing environment. To RSVP, click [here](#).

Did You Know?

We have overviews of all pre-health professions requirements & ideas on shadowing, volunteering, & research in Kirksville.

Visit <http://excellence.truman.edu/advising/pre-health-professions/> for more information!

We have a table with great information regarding pre-health professions, schools, admissions tests, and other pertinent information. We have test prep materials available for checkout.

The information table is located in the Kirk Building hallway, outside of the freshmen academic advising office (Kirk Building 107). To check out materials, contact [Brittany Harden](#) or make an appointment to meet with her.

We have an archive of all of the previous newsletters.

Click [here](#) for more information!

We have an MCAT/Health Admissions Test Prep Course.

The course is currently titled INDV 320: MCAT/Med School Success Seminar — it is open to all students who will be taking an admission test for a health professions school (MCAT, DAT, OAT, etc.). If you have questions regarding this course, please contact [Brittany Harden](#).



Brittany A. Harden

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For more information:
[Pre-Health Professions at Truman](#)

Meet with a pre-health advisor or the pre-health coordinator:

If you are in your second year at Truman AND majoring in Biology, Chemistry, Exercise Science, or Health Science:

- You should meet with the designated pre-health advisor in your major. Depending on the department, some major advisors have a specific pre-health profession and some are versed in multiple pre-health professions.

If you are a first-year student OR a first-semester transfer OR are majoring in anything **other** than Biology, Chemistry, Exercise Science, or Health Science:

- You should meet with Brittany Harden to help guide your preparation for health professions school. You may call 660-785-7403 or stop by the advising reception desk in Kirk Building 107 (Monday-Friday 8am-5pm) to make an appointment.